

METAL MILITIA Powerlifting Federation Presents:
Hostile Territory
(Full Power, Push/Pull, Bench Only Deadlift Only)
Saturday, October 20th,
2018

Location: Concord Elementary School
230 E South St
Corry, Pa 16407

MEET DIRECTOR(s): Randy Owen, direct contact (814)964-8000 Email: elite242training@yahoo.com

Weigh-ins: At Absolute Health and Fitness
110 E Washington St
Corry, Pa 16407

Friday September 19th, 8 am - 8 pm and
Saturday, September 20th, 7 am – 8 am @ Meet Location

Mandatory competitor meeting is at 9 am. Competition lifting starts at 10 am.

Entry Fee(s): Full Power - \$50; Bench - \$30, Deadlift -\$30, Ironman - \$40. 2nd Category (Crossover) -\$25.

Note – Late Entries posted after October 17, 2018 will be accepted if there is space available. Late fee for entries posted after **October 17th** will be \$25. There is a 40 lifter limit to this event.

Spectator Fee – FREE

Payment: Make check payable to: **Randy Owen**

Mail entry form and check to: Randy Owen, 1043 N Center St, Corry, Pa 16407

Membership: Each competitor must have a valid MMP (METAL MILITIA POWERLIFTING) Membership card. You can purchase this before the meet at metalmilitiapowerlifting.com

Awards: Custom placards will be awarded to 1st, 2nd, and 3rd place for each age and weight division. Best lifter will receive a trophy worthy of their great accomplishment!

EQUIPMENT: Must meet Metal Militia Powerlifting Federation specifications. One Piece suit must be worn for all events.

Please note: according to Metal Militia Powerlifting Federation rules, knee wraps and belt and wrist wraps are allowed in the raw division.

Information: metalmilitiapowerlifting.com and metalmilitia.ca

Metal Militia's Hostile Territory Will be Held at
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Music will be loud, and of course all METAL MILITIA EQUIPMENT will be used on the platform!

Hostile Territory

Name: _____ Age on Oct. 20th: _____ Birth date: _____
Address: _____ City: _____
State: _____ Zip: _____ Phone # (____) _____
Metal Militia Card Expiration: _____ Email: _____
(Cards can be purchased at the weigh-in)

Please Circle the weight class you are entering:

Men's:

Weight Classes: 114LB 123LB 132LB 148LB 165LB 181LB 198LB 220LB 242LB 275LB 308LB SHW

Women's

Weight Classes: 97LB 105LB 114LB 123LB 132LB 148LB 165LB 181LB 198LB 198+LB

Please Check mark your event or events you are competing in:

FULL POWER: RAW ___ EQUIPPED ___
BENCH PRESS ONLY: RAW ___ EQUIPPED ___
DEADLIFT ONLY: RAW ___ EQUIPPED ___
PUSH PULL: RAW ___ EQUIPPED ___

Please circle the division or divisions you will be competing in:

Open, Teen 13-18, Junior 19 - 23 Sub-master 35-39,

Master 40-50, 50-60, 60-70, 70+

T-shirts will be available for sale, pre order is \$15.00. Please include this amount with your entry fee if you are interested. Shirts will also be on sale at the event for \$20.00

Shirt size: small ___ medium ___ large ___ xl ___ xxl ___ xxxl ___ xxxxl ___

Total shirt order amount \$ _____

Total amount enclosed (entry and or t-shirt) \$ _____

ENTRY DEADLINE: Postmarked by Wednesday, October 17th, 2018. \$25 late fee if sent after deadline

Disclaimer:

RELEASE FROM LIABILITY

In consideration of the acceptance of my entry form in this power lifting competition, I intend to be legally bound for not only myself, but also for my heirs, executors and administrators. In signing this release from liability, I wave and release any and all rights or claims for damages I may have against METAL MILITIA POWERLIFTING, the organizers, volunteers or the sponsors of this contest.

Signature _____ Date _____
Parents (if under 18 years) _____

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